



William Gilbert Endowed
(Church of England)
Primary School & Nursery

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Headteacher: Mrs S J Whyld



29th June 2022

Dear Parent/Carer

This term KS1 will be discussing the NSPCC's Underwear Rule in our RSHE lessons. Further information about our RSHE curriculum can be found on our school website. www.williamgilbertend.derbyshire.sch.uk follow the 'curriculum' tab and then the 'Relationship, Sex and Health Education' menu option.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the [NSPCC's Underwear Rule](#), using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse. PANTS stands for:

Privates are private

Always remember your body belongs to you

No means no

Talk about secrets that upset you

Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at nspcc.org.uk/underwearrule

If you have any questions or concerns, please don't hesitate to get in touch.

Yours sincerely

Mrs H Britten
Deputy Headteacher
KS1 and EYFS Lead