

William Gilbert Endowed C of E Primary School and Nursery

[www.williamgilbertend.derbyshire.sch.uk](http://www.williamgilbertend.derbyshire.sch.uk)

# Safeguarding and Child Protection

at William Gilbert School

## Welcome to our Safeguarding Newsletter

**Coming up in this issue** – Online Safety – Cybercrime how to protect your personal information – what is safe to share? Gaming and social media. Road Safety, Anxiety - Mental Health, Keeping safe in the Community – safety in the home, staying safe in the sun and near water.

Safeguarding & Child Protection is the most important issue for our children and young people. At William Gilbert School, we feel it is crucial to work with our parents and the high-quality agencies that support schools and young people, so that we can offer a safe environment allowing children to be aware of the risks they may face and how to respond to them safely.

**Safeguarding and promoting the welfare of children is everyone's responsibility**

**At William Gilbert School we have the attitude of 'it could happen here' when safeguarding is concerned.**

### The Safeguarding Team at William Gilbert Primary

The William Gilbert safeguarding team has expanded and now has five Designated Safeguarding Leads or DSLs. These members of staff have enhanced safeguarding training and have a vital role in taking lead responsibility for child protection issues in school. The senior DSL is Mrs Britten. A DSL is always available during school hours for pupils, parents and staff to discuss any safeguarding concerns. Outside of school hours a DSL can always be reached via the dedicated safeguarding email [safeguarding@williamgilbertend.derbyshire.sch.uk](mailto:safeguarding@williamgilbertend.derbyshire.sch.uk) information sent to this email is highly confidential. Mrs Aston continues to support pupils and their families in her role as Pastoral and Wellbeing Mentor. Part of her role is to provide advice and access help as soon as a need emerges. Mrs Aston can support families with a wide range of issues, including but not limited to, mental health and wellbeing, attendance, persistent lateness, the impact of community safeguarding issues including bullying and online safety. Mrs Aston can be accessed at the school gate most mornings, via the school office or via [pastorallead@williamgilbertend.derbyshire.sch.uk](mailto:pastorallead@williamgilbertend.derbyshire.sch.uk)

### Our Safeguarding Curriculum

'Keeping Children Safe in Education 2023'(KCSIE) reminds us that safeguarding and promoting the welfare of children is everyone's responsibility. Everyone who comes into contact with children and their families has a role to play. This means that they should always consider what is in the best interests of the child. At WGES we believe that it is vital for our children to have opportunities to learn how to stay safe both in and outside of school— learning which comes from parents and staff at WGES. Safeguarding awareness and understanding of issues including, but not limited to, children absent from education, child sexual exploitation, bullying, domestic abuse, discrimination, inequality, drugs & alcohol abuse, faith abuse, forced marriage, gender violence, radicalisation, mental health and trafficking - all start with the knowledge and skills we introduce at school.

**Here are some examples coming this term that you can discuss with your child**

- Weekly Safeguarding Awareness Assemblies covering the following topics this term –Safety on our playground – who are your trusted adults? First Aid – how to report an emergency – where is our defibrator and what is it for? Online Safety – gaming, YouTube, film and social media age ratings. National Road Safety Week (20<sup>th</sup> – 25<sup>th</sup> May), Child safety week – safety in the home, staying safe in the sun, water safety near canals/rivers/beaches.
- Religious Education lessons reinforce messages of tolerance and respect for others. Opportunities to learn about other faiths and visit places of worship.
- RSHE lessons – see knowledge mats on the school website for year group information
- Visits from local PCSOs regarding road safety.
- Behaviour policy and practice in school under the 'Golden Rules'

### Useful Acronyms & Vocabulary

**DSL:** Designated Safeguarding Lead

**PREVENT:** Part of the Governments Counter Terrorism Strategy to stop people being drawn into extremism

**LADO:** Local Authority Designated Officer - who deals with position of trust safeguarding issues

**KCSIE:** Keeping Children Safe in Education (available on the school web pages)

### Who's Who at WGES

- ◆ Mrs E H Britten - Senior DSL
- ◆ Mrs Z Kibble - Deputy DSL
- ◆ Mrs A Aston - DSL and pastoral wellbeing lead.
- ◆ Mrs S Owen – DSL and mental health first aider
- ◆ Mrs R Manners – DSL and SBM
- ◆ Dr N Ruggins – Safeguarding Governor
- ◆ Miss K Whiting –Mental Health First Aider
- ◆ Mrs E Davies – SENCO

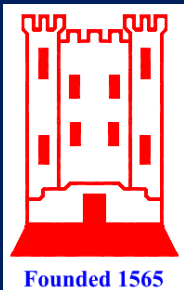
**Designated Safeguarding Leads can be accessed via our safeguarding email**

[safeguarding@williamgilbertend.derbyshire.sch.uk](mailto:safeguarding@williamgilbertend.derbyshire.sch.uk)

**If you believe that a child or an adult is at immediate risk of harm and in need of protection then you should call the Police - 999, straight away.**

**Alternatively, if you want advice from the Police and the child or adult is not in immediate need of protection, you can call the Police on the telephone number 101.**





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# Mental Health



## Useful Acronyms & Vocabulary

**CAMHS:** Child and Adolescent Mental Health Services

**My Concern** – Safeguarding record system (safeguarding and child protection software for schools used at WGES).

**EHA:** Early Help Assessment

**SEND:** Special Educational Needs & Disabilities

### Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit [www.williamgilbertend.derbyshire.sch.uk](http://www.williamgilbertend.derbyshire.sch.uk)

Scan the QR code below to take you to our [parenting support page for further advice on mental health](#)



The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they may experience with children.



The Parenting Smart website can be found here: <https://parentingsmart.place2be.org.uk/>

At William Gilbert C of E Primary School and Nursery, we are committed to supporting the emotional health and wellbeing of our pupils and staff. We know that everyone experiences life challenges that can make us vulnerable, and, at times, anyone may need additional emotional support. We take the view that positive mental health is a universal right and that we all have a role to play. Our Relationships and Health Education lessons support pupils in developing strategies to take care of their mental health and well-being. At William Gilbert Primary School and Nursery, we:

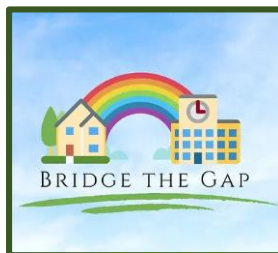
- help children to understand their emotions and feelings better
- help children feel comfortable sharing any concerns or worries
- help children socially to form and maintain relationships
- promote self-esteem and ensure children know that they are valued

Our extensive pastoral, well-being and nurture sessions provide targeted support for children who need help with challenges they are dealing with. As class teachers we encourage self-soothing strategies such as simple breathing techniques.

If you are concerned about your child's mental health and wellbeing, please get in touch. Speak to your child's class teacher in the first instance, as they will have the bigger picture of your child in school. Mrs Aston is our Pastoral and Wellbeing lead and can be approached at the school gate or via the school email address [pastorallead@williamgilbertend.derbyshire.sch.uk](mailto:pastorallead@williamgilbertend.derbyshire.sch.uk)

## We are now a Bridge the Gap School!

Thank you to all those who contributed to the fundraising initiative and helped us raise over £1000 towards accessing this service and improving resources within our dedicated calm space – The Retreat. Our first coffee morning will be held in school on **Friday 10<sup>th</sup> May 2024 9am – 10am** in the school hall. **Everyone is welcome!** There will be refreshments provided and a chance to meet the professionals from Bridge the Gap. **Spread the word!**



### TAKE 6...

- 6 Seconds
- 6 Breaths
- 6 Items to list around you
- 6 I am statements
- 6 Things to be grateful for
- 6 Ways I could be mindful



### COPING WITH BIG EMOTIONS



**Big Emotions** As a parent or carer, how many times are we faced with big emotions? They can be challenging to manage and difficult to know how best to support them in our child. Click on the image to watch a helpful video from Bridge the Gap.

### Want to find out more about Bridge the Gap?

Some families may have already accessed the amazing services available at Bridge the Gap privately, either through 1-1 counselling sessions or the free weekly sessions for families and children.

There is a wealth of information and free resources for parents via their website. <https://www.jwbridgethegap.com/free-resources-1>

**Parental Support** As a parent or carer, you may sometimes experience your own mental health issues or anxieties and find it difficult to cope with parenting your child. But with the right support and resources it is perfectly possible to be a good parent while managing these problems and to care for and support your children in a positive way. For those affected, the websites below may be helpful, or accessing early help through our well-being and pastoral mentor – Mrs Aston (01332) 840 395 or [pastrorallead@williamgilbertend.derbyshire.sch.uk](mailto:pastrorallead@williamgilbertend.derbyshire.sch.uk)

# Keeping safe online



SCAN ME

## National Online Safety



William Gilbert Endowed C of E Primary School and Nursery has become a member of The National College – a multi-award-winning online training provider for staff and parents.

### What does this mean for you?

As part of our membership, The National College provides dedicated training and resources for parents and carers – particularly, around online safety and keeping children safe online. Staff will continue to teach children about the risks online. But with the internet so readily accessible, the most effective approach to online safety needs everyone involved, including parents and carers. That's why you've now got access to hundreds of courses, explainer videos and online safety guides to support your awareness of the online world. Topics range from understanding apps like TikTok and Instagram to recognising the signs of online harm and what you can do to help.

### Sign up is easy

We can see that some of you are already accessing this resource following our launch to parents in February this year. Signing up to the platform is simple. Just follow this link or scan the QR code above.

<https://nationalcollege.com/enrol/william-gilbert-endowed-church-of-england-primary-school> and complete your details. Once you're set up, you'll be able to choose 'Parent/Carer' as your user type and get instant access to all training and resources.

### Download the app for free

Another fantastic benefit of The National College is its National Online Safety app, which you can download for free. It gives you access to all their parent and carer resources on the go, whenever you want.

You can download the National Online Safety app using the links below:

- [App store](#)
- [Google Play](#)

We understand the time pressures of family life but do hope that you will sign-up and access the wealth of resources available. There are over 300 'quick read' guides, with a new one published every Wednesday. There are also short five-minute videos to support you in raising digitally resilient children. Any parent completing a course not only gains valuable insights to support their children in staying safe online but achieves an accreditation for the school. **Click on the images to take you to some useful free leaflets from the National College.**



### Latest News! Spotify content filters fail to block explicit lyrics.

In some instances children can

be listening to the radio edit and the lyrics displayed contain the unfiltered version enabling children to see swear words and racial slurs. We have had incidents of children repeating these words on the playground not knowing how offensive they are to others. If your child listens to music on Spotify check out the helpful guide above. Spotify are aware of this issue and are working to resolve it.



## Safeguarding children is everyone's responsibility

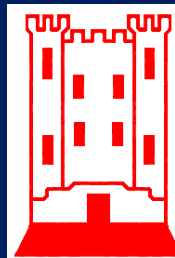
**Parents and Carers – keeping your children safe whilst online at home, is your responsibility. If children are left unsupervised online it could have consequences for their safety, mental health, wellbeing and academic achievement.**

**Remember to - Supervise their online activity:** Keep the devices your child uses in communal areas of the house such as the living room or kitchen, where an adult is able to supervise. Primary-age children should not access the internet in private spaces alone, such as in a bedroom or bathroom. Engage with their online world- it's OK to check devices.

**Check in** with what they like to do and why. Trust them to do the right thing – generally they are. Make sure they know how to report and block inappropriate or harmful content.

**Talk!** Break taboo's and be a safe place for them if things go wrong. **Rewards and**

**Sanctions** – If your child manages their online behaviour – reward this!



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## Useful Acronyms & Vocabulary

### My Concern –

Safeguarding record system (safeguarding and child protection software for schools used at WGES).

**CEOP:** Child Exploitation and On-line Protection Centre



Find further support about being smart online at:

<https://www.childnet.com/parents-and-carers/>

## Online Safety Information at WGES

We have a wealth of information on our school website for parents to access.

Please visit

<https://williamgilbertend.derbyshire.sch.uk/key-information/safeguarding/staying-safe-on-the-internet/>

Or scan the QR code below



Visit Google's Interland to play fun games as a family to be internet awesome

[https://beinternetawesome.withgoogle.com/en\\_us/interland](https://beinternetawesome.withgoogle.com/en_us/interland)

# All Behaviour is Communication

*“All behaviour is a form of communication. A child's problematic or inappropriate behaviour is a sign that they are upset and that something is not right.”*

*Bullying is behaviour by an individual or group, repeated over time, which intentionally hurts other people, either physically or emotionally*

At school we are seeing the positive impact of our ongoing education around anti-bullying. Pupil voice and pupil questionnaire results show that children have a clear understanding about what constitutes bullying and how we can all work together to stop it from happening in our school. As children grow and develop, they may become exposed to a range of different influences – content they watch online, songs they hear, television programmes and films they watch, conversations they are involved in or are overheard. If this content is not suitable for their age, the children may not understand the impact of repeating these words or sharing the content with others has. Often when inappropriate language is used on our playgrounds, we later find that the child did not understand how hurtful or offensive it would be for another person to hear. As parents you can take proactive steps by ensuring children are not watching or listening to content intended for older children.

*Remind your child, if they have heard or seen something that worries, upsets or hurts them – tell a trusted adult so we can work to resolve this and improve the situation.*

## Name Calling and unkind behaviour is not ok!

We continue to promote our ‘zero tolerance’ approach to name calling and the use of inappropriate language on our playgrounds. We encourage children to report this to their class teachers or other trusted adults in school as soon as it happens. We see a greater impact on inappropriate behaviours if they are dealt with immediately, rather than historically. Often, when we look at the events or comments that have taken place before the use of inappropriate comments or delve into the reasons for such comments, we find children who are struggling to deal with complex emotions or social situations. We have developed the tools and programmes in school to support children in these situations.

**Sexualised language and swear words offend and upset others.** We continue to educate pupils about language that is inappropriate and the impact it can have on others. We do not want this sort of behaviour to be accepted by anyone as this can lead to it becoming ‘normalised’. The prevention education that takes place is a whole school approach to teaching children about healthy relationships so that an ‘inappropriate’ behaviour is challenged and not allowed to develop into ‘problematic’, ‘abusive’ or ‘violent’ behaviours.

## Harmful sexual behaviour

This can include

- Unwanted touching
- Unwanted or inappropriate sexual comments
- Sexist name calling
- Being sent sexual pictures or videos they did not want to see
- Being put under pressure to provide sexual images of themselves
- Having pictures or videos that they sent being shared more widely without their consent or knowledge.

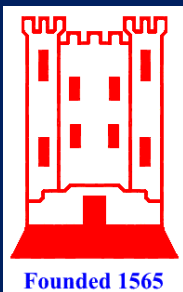
It's typical for children to display some sexualised behaviour as they grow up. But sometimes a child might display sexualised behaviour that is harmful to themselves and others.

Everyone who works or volunteers with children has a responsibility to keep them safe. This includes taking appropriate action to prevent and respond to problematic sexual behaviour (PSB) and harmful sexual behaviour (HSB) - including peer-on-peer and child-on-child sexual abuse.

**Talking to your child** As parents you can support our proactive approach in creating an environment that teaches boys and girls how to behave respectfully towards each other, and how to respect personal/physical boundaries set. If children understand their own bodies, the terminology to use, why other words are not appropriate, they will speak more knowledgeably and respectfully to each other. If you hear or become aware of your child using inappropriate language or displaying inappropriate sexual behaviour it is important we challenge this in a supportive way. The following statements can support a conversation around the use of inappropriate sexual language or behaviour.

- “What do you think that word means?”
- “What do you mean by that?”
- “You may not think there's anything wrong with that behaviour / language, but many others would”
- “I'm really uncomfortable with you saying things like that / behaving that way. It makes me feel ...”

Challenge your child if they are using stereotypical or sexist language and educate why it is wrong—the sooner we remove the normalisation of this language, the better. Talk openly (in an age appropriate way) about anatomy and the similarities and differences between people, there is no superior gender. Remind your child to report any inappropriate language or behaviour—we action and record all incidents. We have a **‘Child on Child, Sexual Harassment and Sexual Violence Action Plan’** which is reviewed annually.



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## Useful Acronyms & Vocabulary

### Harmful sexual behaviour

Harmful sexual behaviour (HSB) is developmentally inappropriate sexual behaviour displayed by children and young people which is harmful or abusive.

### Problematic sexual behaviour

Problematic sexual behaviour (PSB) is developmentally inappropriate or socially unexpected sexualised behaviour which doesn't have an overt element of victimisation or abuse.

**Bystander:** A bystander is ‘a person who does not become actively involved in a situation where someone else requires help’ (Clarkson 1996, p6) and in this way is understood to be a passive observer, an onlooker who watches something happening, but stays on the side-lines and doesn't intervene or get help, even if someone needs it.

### Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit

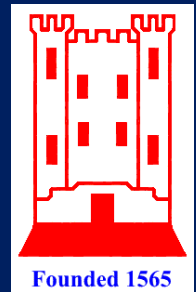
[www.williamgilbertend.derbyshire.sch.uk](http://www.williamgilbertend.derbyshire.sch.uk)

Scan the QR code below to take you to **our Parent Support page**

**Here you will find a wealth of information and resources to help you understand issues around bullying, how we support children in school and leaflets for parents to help you have discussions around conflict and bullying.**



# Keeping Safe in the Community



## Travel Smart Week – 20th May 2024 to 24th May 2024

We continue to support a safer and healthier way to travel to school through the 'Travel Smart' campaign from Derbyshire County Council. This is where we encourage pupils to make the most of their school journey to help them keep fit, beat traffic jams and pollution, as well making sure they remember to travel safely too.

For the May 2024 campaign pupils and parents will be encouraged to join the SMILERS and Travel Smart with a SMILE by making more active and environmentally friendly journeys to school during the week of 20th May 2024 to 24th May 2024.

### The SMILERS ways to wellbeing are:



- stay connected - having healthy relationships with people and pets to help you to feel happy.
- move - being active releases chemicals in your brain which boosts your mood and makes you feel good.
- interest - having special interests and learning something new to keep your brain busy.
- look - using your senses to notice what is around you to keep you in the moment.
- eating well - eating a balanced diet to make you feel good and to help you stay healthy and strong.
- rest - getting a good night's sleep to improve your memory, mood, and mental health.
- support - supporting people to make us feel positive and to make them happy too.

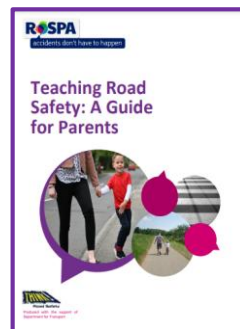
So, making an active journey, after a healthy breakfast and a good night's sleep, is a great way to improve your child's wellbeing as part of the school day, as well as doing your bit to reduce the impacts of traffic congestion, air pollution and climate change associated with travelling by car.

Pupils will be given an information/activity leaflet ahead of the 'Travel Smart' week. As part of the campaign week pupils can follow some of the suggested ideas for each day such as choosing active ways to make their school journey.

**Road Safety** As the nights get lighter and children are out and about around the local area and close to roads it is important to remind children of the road safety rules. During our weekly assemblies and bikeability sessions we have discussed road safety. Ask your child what they can remember and use this as a starting point to remind them about keeping safe when crossing or playing near roads. Take a look at these useful resources and websites to remind children of the key safety messages.

<https://www.think.gov.uk/education-resources/>

<https://www.rosipa.com/media/documents/road-safety/teaching-road-safety-a-guide-for-parents.pdf>



## Water Safety

During the school holidays, and in particular in warmer weather, increasing numbers of children put themselves at risk of drowning. On average between 40 and 50 children drown per year in the UK. As you venture out more as the weather becomes warmer, please be aware of the dangers of being close to canals, rivers, lakes and reservoirs.

### The water safety code

Water may look safe, but it can be dangerous. Learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you will be able to swim in cold water. **See the full code here**

<https://www.rosipa.com/leisure-water-safety/water/advice/water-safety-code>

### Water Safety Code



### Water Safety Advice and Links for Parents

Canal and River Trust – Summer Water safety <https://canalrivertrust.org.uk/enjoy-the-waterways/safety-on-our-waterways/summer-water-safety>

Royal Life Saving Society <https://www.rlss.org.uk/summer-water-safety>

## Useful Acronyms & Vocabulary

**RoSPA:** Royal Society for the Prevention of Accidents

**My Concern** – Safeguarding record system (safeguarding and child protection software for schools used at WGES).

**EHA:** Early Help Assessment

**SEND:** Special Educational Needs & Disabilities

## Safeguarding Information at WGES

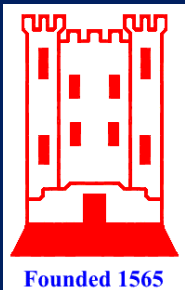
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Please visit [www.williamgilbertend.de.rbyshire.sch.uk](http://www.williamgilbertend.de.rbyshire.sch.uk)



**If you believe that any child is in danger ring [Call Derbyshire](https://www.derbyshire.gov.uk) Tel: 01629 533190 choosing the option for urgent child protection calls at any time**





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# Domestic Abuse



## What is Domestic Abuse

Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. **It can seriously harm children and young people and witnessing domestic abuse is child abuse.** It's important to remember domestic abuse:

- can happen inside and outside the home
- can happen over the phone, on the internet and on social networking sites
- can happen in any relationship and can continue even after the relationship has ended
- both men and women can be abused or abusers.



## Types of Domestic Abuse

Domestic abuse can be emotional, physical, sexual, financial or psychological, such as:

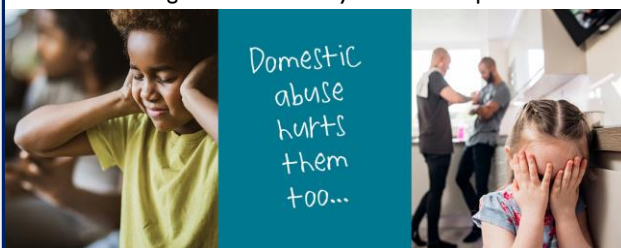
- kicking, hitting, punching or cutting
- rape (including in a relationship)
- Controlling someone's finances by withholding money or stopping someone earning
- Controlling behaviour, like telling someone where they can go and what they can wear
- Not letting someone leave the house
- Reading emails, text messages or letters
- Threatening to kill someone or harm them
- Threatening to another family member or pet

## Useful Acronyms & Vocabulary

**Early Help** – providing support as soon as needs emerge for a child or family.

### Domestic Abuse

(Domestic abuse is abusive, violent, controlling, coercive or threatening behaviour between people aged 16 or over who are, or have been, intimate partners or family members. It can happen to anyone.



**Mrs Aston our Pastoral and Wellbeing Mentor is here to support you and your child if you are worried about Domestic Abuse and the impact on your child.**

**Contact Mrs Aston**  
On the school number **01332 840395** or via email at [pastorallead@williamgilbertend.derbyshire.sch.uk](mailto:pastorallead@williamgilbertend.derbyshire.sch.uk)

Or at the school gate each morning.

**Domestic Abuse Information at WGES**  
We have a further information on our parenting support page of the school website.

Please visit <https://www.williamgilbertend.derbyshire.sch.uk/2023/02/14/domestic-violence-and-abuse/>

Or scan the QR code below



## Support and Advice

If you're an adult experiencing domestic abuse or you know someone who needs help, there are organisations that can offer advice and support.

[Relate](#)  
**0300 003 0396**

You can talk to Relate about your relationship, including issues around domestic abuse.

[National Domestic Violence Helpline](#)  
**0808 2000 247**

A 24 hour free helpline run in partnership between Women's Aid and Refuge.

[Men's Advice Line](#)  
**0808 801 0327**

Advice and support for men experiencing domestic violence and abuse.

[National LGBT+ Domestic Abuse Helpline](#)  
**0800 999 5428**

Emotional and practical support for LGBT+ people experiencing domestic abuse.

## Childline

We understand how difficult it is for children to talk about domestic abuse. Whether it's happening now or happened in the past, Childline can be contacted 24/7. Calls to **0800 1111** are free and confidential. Children can also contact [Childline online](#). Childline has information and advice for children and young people about [domestic abuse](#), including why it happens and what they can do.

**childline**

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](http://childline.org.uk) | 0800 1111

## Effects of Domestic Abuse

Living in a home where domestic abuse happens can have a serious impact on a child or young person's mental and physical wellbeing, as well as their behaviour. And this can last into adulthood.

What's important is to make sure the abuse stops and that children have a safe and stable environment to grow up in



## Things you should remember:

- nobody should have to experience domestic abuse in their home
- if it's happening, it's not your fault
- domestic abuse doesn't always involve physical violence – it can also include bullying and threats
- you can always  speak to a counsellor about what's going on
- if you're in danger  call 999

## Help for Children and Young People

The NSPCC have a Domestic Abuse, Recovering Together (DART™) which is a therapeutic service for mothers and children who have experienced domestic abuse. This programme allows children and mothers to talk openly, learn to communicate about what's happened and rebuild their relationship. There are local DART programmes available to families in our community – information can be found on the NSPCC website – follow the link <https://www.nspcc.org.uk/keeping-children-safe/our-services/national-regional-hubs/>

**NSPCC**  
**HELPLINE**  
**0808 800 5000**  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)