



William Gilbert Endowed C of E Primary School and Nursery

www.williamgilbertend.derbyshire.sch.uk

Safeguarding and Child Protection

at William Gilbert School

Welcome to our Safeguarding Newsletter

Coming up in this issue – **Online Safety – Do you know what your child is watching? Road Safety, Anxiety -Mental Health, Keeping safe in the Community – Bonfire Night and Halloween.**

Safeguarding & Child Protection is the most important issue for our children and young people. At William Gilbert School, we feel it is crucial to work with our parents and the high-quality agencies that support schools and young people, so that we can offer a safe environment allowing children to be aware of the risks they may face and how to respond to them safely.

Safeguarding and promoting the welfare of children is everyone's responsibility

The Safeguarding Team at William Gilbert Primary

The William Gilbert safeguarding team has expanded and now has five Designated Safeguarding Leads or DSLs. These members of staff have enhanced safeguarding training and have a vital role in taking lead responsibility for child protection issues in school. The senior DSL is Mrs Britten. A DSL is always available during school hours for pupils, parents and staff to discuss any safeguarding concerns. Outside of school hours a DSL can always be reached via the dedicated safeguarding email safeguarding@williamgilbertend.derbyshire.sch.uk information sent to this email is highly confidential. Mrs Aston continues to support pupils and their families in her role as Pastoral and Wellbeing Mentor. Part of her role is to provide advice and access help as soon as a need emerges. Mrs Aston can support families with a wide range of issues, including but not limited to, mental health and wellbeing, attendance, persistent lateness, the impact of community safeguarding issues including bullying and online safety. Mrs Aston can be accessed at the school gate most mornings, via the school office or via pastorallead@williamgilbertend.derbyshire.sch.uk

Our Safeguarding Curriculum

'Keeping Children Safe in Education 2023'(KCSIE) reminds us that safeguarding and promoting the welfare of children is everyone's responsibility. Everyone who comes into contact with children and their families has a role to play. This means that they should always consider what is in the best interests of the child. At WGES we believe that it is vital for our children to have opportunities to learn how to stay safe both in and outside of school— learning which comes from parents and staff at WGES. Safeguarding awareness and understanding of issues including, but not limited to, children absent from education, child sexual exploitation, bullying, domestic abuse, discrimination, inequality, drugs & alcohol abuse, faith abuse, forced marriage, gender violence, radicalisation, mental health and trafficking - all start with the knowledge and skills we introduce at school.

Here are some examples coming this term that you can discuss with your child

- Weekly Safeguarding Awareness Assemblies covering the following topics this term –Online Safety, Anti-Bullying Week (13th – 17th November), Road Safety Week (19th – 24th November), Anxiety – Mental Health, Cyberbullying, Cybercrime, consent and water safety – frozen ponds/canals
- Religious Education lessons reinforce messages of tolerance and respect for others. Opportunities to learn about other faiths and visit places of worship.
- RSHE lessons – see knowledge mats on the school website for year group information
- Links with the NSPCC initiatives through class assemblies and workshops this term with follow up lessons.
- Engagement with charities that broaden pupils awareness, understanding and worldview
- Behaviour policy and practice in school under the 'Golden Rules'

Useful Acronyms & Vocabulary

DSL: Designated Safeguarding Lead

PREVENT: Part of the Governments Counter Terrorism Strategy to stop people being drawn into extremism

LADO: Local Authority Designated Officer - who deals with position of trust safeguarding issues

KCSIE: Keeping Children Safe in Education (available on the school web pages)

Who's Who at WGES

- ◆ Mrs E H Britten - Senior DSL
- ◆ Mrs Z Kibble - Deputy DSL
- ◆ Mrs A Aston - DSL and pastoral wellbeing lead.
- ◆ Mrs S Owen – DSL and mental health first aider
- ◆ Mrs R Manners – DSL and SBM
- ◆ Dr N Ruggins – Safeguarding Governor
- ◆ Miss K Whiting –Mental Health First Aider
- ◆ Mrs E Davies – SENCO

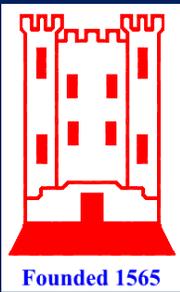
Designated Safeguarding Leads can be accessed via our safeguarding email

safeguarding@williamgilbertend.derbyshire.sch.uk

If you believe that a child or an adult is at immediate risk of harm and in need of protection then you should call the Police - 999, straight away.

Alternatively if you want advice from the Police and the child or adult is not in immediate need of protection, you can call the Police on the telephone number 101.





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Keeping safe online



NSPPC

Online life and offline life is just life

The NSPPC share advice about online safety - *For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet and for them there isn't a difference; online life and offline life is just life.*

Technology can move at an extraordinarily fast pace, and it can be difficult to know how to start talking to your child about what they're doing online, who they might be speaking to or discussing the potential risks and issues.

Talking regularly with your child is the greatest tool to help keep them safe online. Talking regularly and making it part of daily conversation, like you would about their day at school, will help your child feel relaxed. It also means when they do have any worries, they're more likely to come and speak to you.

But it can also be easy to become overwhelmed with the different technology, the language that children use, the huge number of games and apps which are available and the potential risks.

A core part of the NSPPC's 10-year strategy is to ensure children are safe online. To help achieve this they've teamed up with the LEGO Group to help promote their fun, free Build & Talk activities. The six 'adventures' help parents and caregivers talk with their children about key online safety topics through the joy of LEGO play.

Useful Acronyms & Vocabulary

My Concern –

Safeguarding record system (safeguarding and child protection software for schools used at WGES).

Cyberbullying is any form of bullying which takes place online or through smartphones and tablets – adults and children can be victims.

CEOP: Child Exploitation and On-line Protection Centre

PCSO: Police Community Support Officers



<https://www.thinkuknow.co.uk/parents/>

Online Safety Information at WGES

We have a wealth of information on our school website for parents to access.

Please visit

<https://www.williamgilbertend.derbyshire.sch.uk/staying-safe-on-the-internet/>

Or scan the QR code below



LEGO® Build & Talk

How it works



Easy to start

Open the activity on your tablet or phone (a bigger screen will do better). Grab your LEGO® bricks and find a quiet, comfy place to sit together.



Just follow the story

Read the story aloud to your child. You'll find hints on what they need to build as you go along.



Start talking

Use the suggested questions and conversation prompts to start chatting about digital safety and wellbeing.



[Click here to watch the video introducing Lego play online safety conversation activities](#)



Adventures in the digital forest

Busy? Try the 10+ minute activity!



Adventures in the digital forest

Busy? Try the 10+ minute activity!

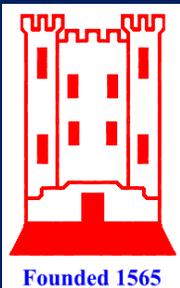


Build & Talk ADVENTURES

PRIVACY AND SAFE SHARING



Here is a fun game to play with your child. [Smart Dash](#) is a new game to help children level up their online safety know-how and make the internet a safer place.



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Useful Acronyms & Vocabulary

CAMHS: Child and Adolescent Mental Health Services

My Concern – Safeguarding record system (safeguarding and child protection software for schools used at WGES).

EHA: Early Help Assessment

SEND: Special Educational Needs & Disabilities

Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit www.williamgilbertend.derbyshire.sch.uk

Scan the QR code below to take you to our [parenting support page for further advice on mental health](#)



The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they may experience with children.



The Parenting Smart website can be found here: <https://parentingsmart.place2be.org.uk/>

Mental Health

At William Gilbert C of E Primary School and Nursery, we are committed to supporting the emotional health and wellbeing of our pupils and staff. We know that everyone experiences life challenges that can make us vulnerable, and, at times, anyone may need additional emotional support. We take the view that positive mental health is a universal right and that we all have a role to play. Our Relationships and Health Education lessons support pupils in developing strategies to take care of their mental health and well-being. This month we raised awareness further through assemblies to mark World Mental Health Day.

At William Gilbert Primary School and Nursery we:

- help children to understand their emotions and feelings better
- help children feel comfortable sharing any concerns or worries
- help children socially to form and maintain relationships
- promote self-esteem and ensure children know that they are valued

Our extensive pastoral, well-being and nurture sessions provide targeted support for children who need help with challenges they are dealing with. As class teachers we encourage self-soothing strategies such as simple breathing techniques. One example you could try at home is 'Rainbow Breathing'.

If you are concerned about your child's mental health and wellbeing, please get in touch. We can offer advice and support. Mrs Aston is our Pastoral and Wellbeing lead and can be approached at the school gate or via the school email address

pastorallead@williamgilbertend.derbyshire.sch.uk Below you can find links to other areas of further reading and support.

As a parent or carer, you may sometimes experience your own mental health issues or anxieties and find it difficult to cope with parenting your child. But with the right support and resources it is perfectly possible to be a good parent while managing these problems and to care for and support your children in a positive way. For those affected, the websites below may be helpful, or accessing early help through our well-being and pastoral mentor – Mrs Aston (01332) 840 395 or pastorallead@williamgilbertend.derbyshire.sch.uk

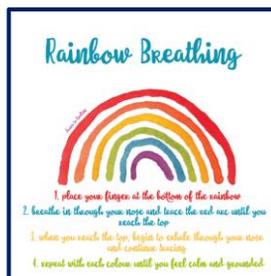


For further advice on any of these challenges the Mind website has lots of advice and support

<https://www.mind.org.uk/information-for-parents/mental-health>

The Mental Health Foundation have provided a useful leaflet containing their **best mental health tips - backed by research**

Each of our tips has been created to help us look after our mental health, and, importantly, each is backed up by evidence from research. Find it here [Looking after your Mental Health - Top Tips](#)



A guided Rainbow Breathing activity available here

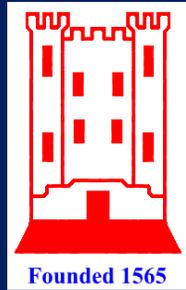
<https://www.youtube.com/watch?v=llbBl-BT9c4>



Parental Support

We know parenting isn't always easy. Young Minds have lots of practical advice and tips on supporting your child - from how to encourage your child to open up about their feelings to dealing with mental health services. No matter what you and your child are going through, things can get better. They also have a Parents Helpline which can provide advice and support if you're worried about a child or young person. Visit <https://www.youngminds.org.uk/parent/>

Keeping Safe in the



Road Safety

All class teachers encouraged pupils to take part in the Derbyshire County Council Travel Smart Week 16th – 20th October 2023. These regular events encourage children to make more active and environmentally friendly journeys to school.



In class we recorded how many children have walked, cycled, scooted, travelled by bus, park and stride, car share or by car.

The roads close to school become particularly busy and congested at the start and end of the school day. We continue to encourage all parents/carers to walk to school if possible. If not, we would urge you to park away from Vicarage Lane, Castle Hill and other immediate streets and walk to school.

We teach children about Road Safety in our weekly safeguarding assemblies. This will be a focus during Road Safety week 19th – 25th November 2023.



Further support

To reinforce these skills on the journey to school visit these useful sites to watch a Road Safety video.

[THINK! campaign](#) is run by the Department for Transport and has a wealth of resources.

Think Road Safety video age 3-6

<https://www.think.gov.uk/resource/safer-journeys-anthem/>

Think Road Safety videos age 7-12

https://www.think.gov.uk/education-resources/explore-education-resources/?age%5B0%5D=7-to-12&resource_type%5B%5D=film

Fire Safety



Staying safe with fireworks.

Fireworks can create a spectacularly colourful evening, but if safety advice is not followed, fun celebrations can soon turn to disaster.

Whilst [Derbyshire Fire & Rescue Service](#) recommends that people should consider attending an organised bonfire event, many people still choose to hold their own private bonfire party at home. A few simple precautionary safety measures can help ensure that everyone stays safe and can enjoy the celebrations without injury or harm.

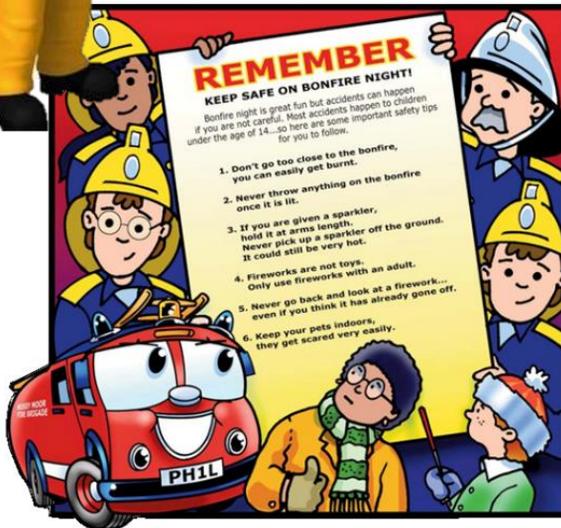
If you are having a firework party at home, you can make the occasion fun and safe for everyone by following the [Firework Code](#).



Come and watch some short videos helping you learn about how to keep safe on Bonfire Night

<http://www.bbc.co.uk/newsround/2023/11/4>

<http://www.youtube.com/watch?v=ITqb8Lgiew>



Useful Acronyms & Vocabulary

RoSPA: Royal Society for the Prevention of Accidents

My Concern – Safeguarding record system (safeguarding and child protection software for schools used at WGES).

EHA: Early Help Assessment

SEND: Special Educational Needs & Disabilities

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If you believe that any child is in danger ring [Call Derbyshire](#) Tel: 01629 533190 choosing the option for urgent child protection calls at any time



Lengthen night and shorten day...

Fall, leaves, fall

By Emily Bronte

*Fall, leaves, fall; die, flowers, away;
Lengthen night and shorten day;
Every leaf speaks bliss to me
Fluttering from the autumn tree.
I shall smile when wreaths of snow
Blossom where the rose should grow;
I shall sing when night's decay
Ushers in a drearier day.*

Clocks going back – 29th October 2023

Every autumn when the clocks go back and sunset suddenly occurs earlier in the day, there are a host of negative impacts on the way we live our lives.

The number of road casualties rises, with the effects being worse for the most vulnerable road users like children.

It means that we have less usable daylight in the evenings to do the things we enjoy in the outdoors or in social environments. For our oldest pupils who may be playing out close to home or at the park and we remind parents to be extra vigilant in the supervision of your children. It is not appropriate for primary aged pupils to be playing out in the dark. Use the event of the clocks going back to discuss road safety with your child and reduce your child's curfew so they arrive home in the light.



Safeguarding children is everyone's responsibility

Keep the lines of communication open with your child. Conversations with your child that are appropriate to their age are key to safeguarding them. Be aware that the age of criminal responsibility in England and Wales is 10 years old. If you are concerned that your child may be involved in anti-social behaviour, please get in touch with us at school so we can support you and your child.



Community PCSO Updates – Halloween

Sometimes we get asked why we don't, as a school, celebrate Halloween. The name 'Halloween', after all, comes from 'All Hallows' Eve' – the day before All Saints' (All Hallows') Day in the church calendar.

Today there is a wide diversity of opinion regarding Halloween. Some would argue that Halloween is dangerous, citing three main reasons:

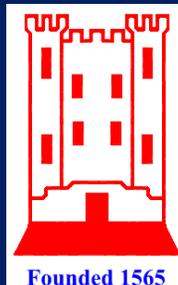
1. Halloween can lead to fear and distress;
2. 'Trick or Treating' can lead beyond harmless pranks to vandalism, violence, and anti-social behaviour.
3. Knocking on the doors of strangers is dangerous for children. Other Christians (and other faiths too) feel there is something inherently wrong about the celebration, even if they are unsure as to why it is not healthy, wholesome, or positive.

Others, however, see it as just a harmless, commercialised American import, arguing: 'There's nothing wrong with children dressing up and enjoying themselves' or 'It's only a bit of fun and brightens up the autumn'.

As a school we do not promote Halloween – it is not part of our curriculum, we don't hold any Halloween events, we don't plan Halloween activities and it isn't part of structured play. We reinforce guidance regarding dangerous situations, and we respond to individual children's questions and concerns. We don't make it our business to tell parents or their children to avoid Halloween; respecting instead parents' own decisions as to whether activities their children are engaged in outside of school are safe.

Last week PCSO Bev Barnes and Sam Smith visited school and delivered a workshop to our pupils around Halloween and Bonfire Night. **Some of the key safety messages that they shared with the children.**

- Always accompany young children on their neighbourhood rounds.
- Talk with children about the risk of distracted walking.
- Stay on well-lit streets and always use the pavement.
- Older children should travel in groups and create a "buddy system" to get each other home safely.
- Remind children to never enter a home or car for a treat.
- Plan costumes that are bright and reflective.
- Look for "flame resistant" on the costume labels.



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